This handbook provides information for workers in the field for accommodating pedestrians with disabilities through and around work zones.
Introduction

Caltrans maintains safe and convenient access for users of its roads, highways, and facilities. The needs and control of road users are an essential part of highway construction, utility work, maintenance operations, and management of traffic incidents through use of temporary traffic control zones. Caltrans developed this handbook to help field staff accommodate pedestrians, including persons with disabilities, through and around work zones.

Related Caltrans Standards

- Section 7-1.02A, “General,” of the 2010 Standard Specifications requires the contractor to comply with current laws, regulations, orders, and decrees.
- Section 7-1.04, “Public Safety,” requires that the contractor provide for the safety of the public during construction.
- Section 12, “Temporary Traffic Control,” directs the contractor’s attention to the California Manual on Uniform Traffic Control Devices (California MUTCD).
- Section 12-7, “Temporary Pedestrian Walkways,” requires the contractor to construct temporary pedestrian facilities in compliance with the California MUTCD, Part 6, Chapter 6D, “Pedestrian and Worker Safety.”

General Requirements

Ensure the contractor follows these guidelines:

- If the contractor’s activity requires closing a pedestrian pathway, another pathway must be made available nearby, off the traveled way. This pathway must replicate, to the maximum extent possible, the characteristics of the existing pathway. Special care should be given to areas in schools and senior citizen center locations.
• Advanced signing notification of sidewalk closures must be provided.

• Pedestrian facilities must be maintained in good condition and kept clear of obstruction.

• Traffic control devices, equipment, and other construction materials and features must not intrude into the usable width of the sidewalk, temporary pathway, or other pedestrian facility.

• Signs and other devices mounted lower than 7 feet above the temporary pedestrian pathway should not project more than 4 inches into accessible pedestrian facilities.

• Where pedestrian openings through falsework are required, a temporary pedestrian facility with protective overhead covering must be provided during all bridge construction activities.

• Hand railings on each side of temporary pedestrian facilities must be provided as necessary to protect pedestrian traffic from hazards due to work activities or adjacent vehicular traffic.

• Protective overhead covering must be provided as necessary to ensure protection from falling objects and dripping from overhead structures.

• When affected by an activity, a continuous unobstructed pathway connecting all existing accessible elements (parking lots, bus stops) through the project must be maintained.

The resident engineer may require a pedestrian traffic-handling plan if the affected facility is not identified in the contract plans. The contractor is responsible for accommodating pedestrians through temporary traffic control (TTC) whenever the work disrupts pedestrian facilities.
California MUTCD Requirements

The following three items should be considered when planning for pedestrians in TTC zones:

1. Pedestrians should not be led into conflicts with work site vehicles, equipment, and operations.

2. Pedestrians should not be led into conflicts with vehicles moving through or around the work site.

3. Pedestrians should be provided with a reasonably safe, convenient, and accessible path that replicates as nearly as practical the most desirable characteristics of the existing sidewalk or footpath.

General Considerations

The contractor should consider the following items when planning the temporary facility:

- A pedestrian route must not be severed or moved for non-construction activities such as parking for vehicles and equipment.

- A barrier, detectable by a person with a visual disability traveling with the aid of a long cane, must be placed across the full width of the closed sidewalk they would normally use.

- A reasonably safe route that does not involve crossing the roadway must be provided. If this is not possible, advance signing should direct pedestrians to cross to the opposite side of the roadway. In urban and suburban areas with high vehicular traffic volumes, place these signs at intersections.

- Midblock work sites should not induce pedestrians to attempt skirting the work site or make a midblock crossing. (See Figures 1 and 2.)
Figure 1. Sidewalk Detour or Diversion
Figure 2. Crosswalk Closures and Pedestrian Detours
• Pedestrian movements should be separated from both work site activity and vehicular traffic. When pedestrians are routed adjacent to live traffic, barrier protection must be provided to prevent vehicles from entering the pedestrian facility.

• Tape, rope, or plastic chain strung between devices as controls for pedestrian movements must not be used. They are not readily detectable by persons with a visual disability.

• Where barricades channel pedestrians, continuous detectable bottom and top rails must be used, with no gaps between individual barricades for users of long canes. The bottom of the bottom rail must be no higher than 2 inches above the ground surface. The top of the top rail must be at least 32 inches above the ground. Refer to Part 6, Sections 6F.63 and 6F.68 of the California MUTCD.
Permanent Facilities

Construct permanent new facilities and alterations to existing facilities according to the contract plans and specifications.

Additional resources for consideration:

- Caltrans Design Information Bulletin 82, “Pedestrian Accessibility Guidelines for Highway Projects,” which addresses requirements for new construction and alterations of existing facilities.
- Contact the district design unit to develop plans for any permanent facility to be added by contract change order.

During the inspection process, check that all contractor-installed finished elements comply with dimensions and installation requirements. Check all slopes using a 2-foot-long smart level on elements with a dimension of 4 feet or less, and a smart level at least 4 feet long on elements with a dimension greater than 4 feet.

*Do not exceed any of the maximums shown in the requirements. They are absolute.*
ADA Checklist

Temporary pedestrian facilities must be verified against this checklist for compliance with the *Americans with Disabilities Act Accessibility Guidelines* (ADAAG). Document the reasons why any item does not conform to this checklist.

Accessible Route Basics

- The path must be stable, firm, and slip resistant. Pedestrian facilities must be surfaced with asphalt concrete, portland cement concrete, or timber. Dirt is not an acceptable surface.

- The surface should be smooth and continuously hard throughout the entire length of the temporary pedestrian facility. No abrupt changes should exist in grade or terrain that could cause tripping or be a barrier to wheelchair use.

- Surface discontinuities must not exceed ½ inch maximum. Vertical discontinuities between ¼ inch and ½ inch should be beveled at a maximum of 2:1 or flatter, and bevels should be constant across the entire level change. New surfaces must not have vertical surface discontinuities. Curb ramps, landings, and gutter areas must not have surface discontinuities. (See Figure 3.)

*Figure 3. Surface Discontinuities*
On pedestrian access route joints and gratings, surface openings must not permit passage of a sphere larger than 1/2 inch. Place horizontal surface openings so that the long dimension is perpendicular to the dominant direction of travel. (See Figure 4.)

The cross slope must be no greater than 1:50 (2 percent).

The running slope must be no greater than 1:20 (5 percent). Otherwise, meet the ramp requirements discussed below. For street facilities, the running slope may follow the adjoining street.

When feasible, a width of 60 inches should be maintained throughout the pedestrian pathway. (See Figure 5.)

When it is not possible to maintain a width of 60 inches, a 60 x 60-inch passing space must be provided at least every 200 feet to allow individuals in wheelchairs to pass. (See Figure 6.)

The path must have a clear width of no less than 48 inches. Verify that no fixed objects (cabinets, poles, and so forth) will reduce the path width at any point. (See Figure 7.)
Figure 5. Preferred Pedestrian Path Width

Figure 6. Passing Space
Figure 7. Minimum Path Width
Signs and other devices mounted lower than 7 feet above the temporary pedestrian pathway should not project more than 4 inches into accessible pedestrian facilities. Refer to Part 6, Section 6D.02 of the California MUTCD. (See Figure 8.)

Objects must not protrude into the path. Check with the project engineer for exceptions.

Vertical clearance must be 80 inches minimum.

If the path requires a 180-degree turn, the turning pad must be at least 60 inches deep. (See Figure 9.)

Access to nearby temporary transit stops must be provided.
Pedestrians may need temporary nighttime lighting. Refer to contract plans and specifications for requirements.

Ramps

- The cross slope must be no greater than 1:50 (2 percent).
- The running slope must be no greater than 1:12 (8.33 percent).
- Each ramp must have level landings at the bottom and top. A landing must be as wide as the run leading to it and have a minimum length of 60 inches. (See Figure 10.)
- Ramps must have hand railings and edge protection.
Curb ramps to be constructed on sites or facilities where space limitations prohibit the use of a 1:12 slope or less may have slopes and rises as follows:

- A slope between 1:10 and 1:12 is allowed for a maximum rise of 6 inches.
- A slope between 1:8 and 1:10 is allowed for a maximum rise of 3 inches.
- A slope steeper than 1:8 is not allowed.

**Scaffolding**

- Pedestrian facilities must be maintained in good condition and kept clear of obstructions.
- Traffic control devices, equipment, and other construction materials and features must not intrude into the usable width of the sidewalk, temporary pathway, or other pedestrian facility. Signs and other devices mounted lower than 7 feet above the temporary pedestrian pathway should not project more than 4 inches into accessible pedestrian facilities.
- Where pedestrian openings through falsework are required, a temporary pedestrian facility with protective overhead covering must be provided during all bridge construction activities.
- Hand railings on each side of temporary pedestrian facilities must be provided as necessary to protect pedestrian traffic from hazards due to work activities or adjacent vehicular traffic.
- Protective overhead covering must be provided as necessary for protection from falling objects and dripping from overhead structures.
Pedestrian Push Buttons

- The pedestrian push button must have an unobstructed forward reach. For the exact height of the button, refer to the Standard Plans. (See Figure 11.)

Objects that require a forward reach must be placed no lower than 15 inches and no higher than 48 inches.

- If the pedestrian push button requires a side reach, obstructions at the bottom cannot extend more than 24 inches from base. For the exact height of the button, refer to the Standard Plans. (See Figure 12.)

- A pedestrian push button used to provide equivalent TTC information to pedestrians with visual disabilities should be equipped with a locator tone to notify them that a special accommodation is available and help them locate the button.
Audible Information Devices

A wide range of pedestrians might be affected by TTC zones, including the young, elderly, and people with disabilities such as hearing, visual, or mobility. These pedestrians need a clearly delineated and usable travel path.

A speech message by an audible information device is the preferred way of providing information equivalent to visual signage to notify pedestrians with visual disabilities of sidewalk closures.
✓ Devices that provide speech messages in response to passive pedestrian actuation (motion sensor) are preferred.

✓ Other devices that continuously emit a message or a message in response to use of a pedestrian push button are also acceptable.

✓ Signage information can also be transmitted to personal receivers, but currently pedestrians with visual disabilities are not likely to carry or use such receivers in TTC zones.

Audible information devices may not be needed if detectable channelizing devices make an alternate route of travel evident to pedestrians with visual disabilities.